

# GVDS Cavaletti Play Day in May

Sunday, May 5 2024 1:00 PM-4:00 PM

Roy Yates Horse Training Center

2033 J Road

Fruita, CO



**Bring your horses and ponies to come and play with us!**

**We had a great time at our last play day, even with the weather being unsettled. Here are some images of the people that came out to play.**

Cavaletti work is a great way to improve your horse's range of motion and develop top-line strength. Some routines can also help develop symmetry in a horse that is weaker on one side than another. We will introduce some of the exercises from Jec Ballou's book, **"55 Corrective Exercises For Horses"** during each session. If you attended her lecture, this is putting her words into action. If not, you'll still benefit from this work. Also we will do some exercises from Amelia Newcomb's Strides workshop.

Several cavaletti patterns will be set up to try with your equine partner. We will also set up some different ones than the last session to try. Sessions will begin with simple exercises and increase in complexity up to what the rider./handler feels most comfortable. Most exercises can be done either from the ground or mounted. This is great for horses at all levels of training and for less experienced riders through seasoned show veterans.

Guided instruction will be limited to explaining the pattern and its purpose, assistance with and navigating the patterns and resetting poles as needed. Patterns for the walk, trot and canter will be available to try.

Preregistration is required to manage group sizes. Each group session will last approximately one hour, beginning at 1 PM.

Cost: \$25/person GVDS members and associates

\$35/person non-members

Payment accepted via Venmo, PayPal (additional \$5 fee for PayPal) or send check to:

GVDS

2242 Signal Rock Court

Grand Junction, CO 81505-8305

Contact Judi DeVore: [jdevore2000@yahoo.com](mailto:jdevore2000@yahoo.com)

Please complete the below form and return it to Judi DeVore at [jdevore2000@yahoo.com](mailto:jdevore2000@yahoo.com)

Name of Horse:

Name of Rider:

Email:

Phone:

Best group session option\*: \_\_\_ 1 PM \_\_\_ 2PM \_\_\_ 3 PM

\*Group sessions will be limited to 4 riders to assure adequate space in the arena. We will try to accommodate your preferred time, but if there are not enough riders to fill each session, we will fill the earlier ride times in deference to the volunteers assisting with the event. All participants will be notified of their ride time and should arrive early enough to be ready to start 15 minutes prior to your designated session.

WARNING: Under Colorado Law, an Equine Activity Sponsor is not liable for an injury to, or the death of, a participant in equine activities resulting from the inherent risks of equine activities, pursuant to Sections 13-21-119 of the Colorado Revised Statutes. The undersigned assumes the risks inherent in all equine activities and equine related activities, including but not limited to, bodily injury and physical harm to horse, rider and spectator. In consideration of the opportunity of participating in an equine activity, the undersigned does hereby agree to hold harmless and indemnify GVDS and any owner of the address and facility at which the equine activity is located, and their agents, employees, and staff, and further release them from any liability or responsibility for accident, damage, injury, death or illness to the undersigned, to any horse owned by the undersigned or to any person, whether or not they are accompanying the undersigned, and agree that they participate voluntarily in the equine activity fully aware that horse sports and equine activities involve inherent dangerous risk of serious injury or death. By participating in the equine activity the undersigned expressly assumes any and all risks of injury or loss, and agrees to hold GVDS and owner of facility where clinic is held harmless from and against all claims including claims based on negligence, breach of contract, strict liability, and/or otherwise for any injury or loss suffered during or in connection with the equine activity. I have read and understand the foregoing release in its entirety for the Kim Gentry Bits and Such Clinic:

Owner's or Agent's Signature:

\_\_\_\_\_  
Parent or Guardian Signature if under 21:

\_\_\_\_\_  
Rider's Signature:

\_\_\_\_\_  
**Location:** Roy Yates Training Center 2033 J Rd. Fruita, CO

**Stabling:** Make your own arrangements with Jennifer Hibpshman by text for limited stabling available on site. (970) 858-0896

**Payment : Deadline to participate is April 29 if paying by check, May 2nd if Venmo (@gvds1) or PayPal (info@gvds.org). All mailed registrations to: GVDS 2242 Signal Rock Court Grand Junction, CO 81505-8305. Email registration forms to [jdevore2000@yahoo.com](mailto:jdevore2000@yahoo.com) if paying by PayPal or Venmo**

GVDS Member/Associate: \$25/session \_\_\_ Check \_\_\_ PayPal \_\_\_ Venmo

Non-GVDS Member/Associate: \$35/session \_\_\_ Check \_\_\_ PayPal \_\_\_ Venmo